The Handle with C.A.R.E.initiative is an inter-agency, statewide effort to improve Virginia’s response to maternal substance use and the needs of substance exposed infants (S.E.I.). Virginia is one of six states receiving In-Depth Technical Assistance (IDTA) from the National Center for Substance Abuse and Child Welfare (NCSACW). The goal of the technical assistance is to strengthen our capacity to serve pregnant and parenting substance using women and their families. This initiative, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), seeks to strengthen collaboration and linkages across addiction treatment, medical providers, child welfare and early child care. Your participation in this survey will help us better understand how community service boards (CSBs) and medical providers work together to identify and serve substance using mothers and their newborns. The information you provide will also help determine how to enhance services across these systems. Please use the time frame of July 1, 2014 to the present when responding to questions in this survey.

* What is the name of your CSB?

* What is your name?

* What is your job title within your CSB?

Phone numbers:

E-mail address
2. Community Practice

This section focuses on medical services available in your community

* Does your CSB have names of prenatal care providers (e.g. obstetricians, certified nurse midwives, family practice physicians) to whom the CSB can refer women for prenatal care?

☐ Yes
☐ No
3.

* If yes, where do they practice? (Check all that apply).

- [ ] Public providers e.g. Federal Qualified Health Centers and local departments of health
- [ ] Free clinics
- [ ] Private prenatal providers
4. * Does your CSB have contact information for pediatricians and/or other pediatric specialists to refer families to for further assessment or services for their substance exposed infant?

- Yes
- No
<table>
<thead>
<tr>
<th>* If yes, please indicate their areas of specialty. (Check all that apply)</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Substance exposure in utero</td>
</tr>
<tr>
<td>☐ Neonatal Abstinence Syndrome (NAS)</td>
</tr>
<tr>
<td>☐ Fetal Alcohol Spectrum Disorder (FASD) or Fetal Alcohol Syndrome (FAS)</td>
</tr>
<tr>
<td>☐ General practice (no specialty)</td>
</tr>
</tbody>
</table>
6. 

* If a pregnant woman is physically dependent on alcohol and/or benzodiazepines, and requires a medical detox, where do you refer her? (Please indicate if you are able to refer to more than one hospital/facility)

* Please list all birthing hospitals, birthing centers or midwifery centers that serve your community. (Please use the comment box to indicate if there are no birthing hospitals in your community)

Hospital #1
Hospital#2
Hospital#3
Hospital#4
Hospital#5
Hospital#6
Hospital#7
Hospital#8
Comments?
* Of the facilities you listed, which ones refer identified postpartum substance using women to your CSB? (If there are no birthing hospitals in your community, use the comment box to provide this information)

<table>
<thead>
<tr>
<th></th>
<th>Receive referrals</th>
<th>Do not receive referrals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hospital #1</td>
<td>[ ]</td>
<td>[ ]</td>
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<td>Hospital #2</td>
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<td>Hospital #3</td>
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<td>Hospital #4</td>
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<td>Hospital #5</td>
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<td>Hospital #6</td>
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<td>Hospital #7</td>
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<tr>
<td>Hospital #8</td>
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</tbody>
</table>

Comments
7. Policies Related to Identification and Treatment of Pregnant Women who Use Substances

Code of Virginia §54.1-2403.1 requires that prenatal care providers must screen all pregnant women for substance use to determine the need for further evaluation and services and advise them regarding the need for treatment. Please describe any efforts your CSB has made since July 1, 2014 to coordinate services with local prenatal care providers.

* Does your CSB provide outreach and education to prenatal providers in your community regarding how to screen pregnant women for substance use and refer them to a CSB?

- Yes, but only outreach
- Yes, but only education
- Both
- No
8.

* If Yes, indicate which methods your CSB has used to provide outreach and education regarding screening and referral services to prenatal care providers in your community (check all that apply):

- [ ] Mailed brochures/flyers/posters regarding CSB services for pregnant and parenting women
- [ ] Provided educational brochures for patients regarding perinatal substance use and/or related concerns
- [ ] Visited practice to discuss CSB services for pregnant and parenting women. Left program brochures and referral information
- [ ] Visited practice. Provided educational presentation e.g. screening, women's substance use, NAS, etc
- [ ] Sent letter or email informing provider(s) of CSB's women's services
- [ ] Contacted practice by phone. Informed practice regarding CSB services
- [ ] CSB has not contacted prenatal providers in the community
- [ ] Other - please describe
9. * Do local prenatal care providers refer pregnant women to your CSB?  
  ○ Yes  
  ○ No
10.

* If yes, which methods do they use? (Check all that apply)

- Women are given contact information for the CSB and contact us on their own
- The prenatal care provider or their designated representative calls the CSB and provides the woman's name and contact information
- The pregnant woman meets with the prenatal care provider or someone else in the provider's office, and together they call the CSB
- Uncertain
11. * Does your CSB follow up with prenatal care providers who refer pregnant women to your CSB?

- [ ] Yes, we follow up
- [ ] No, we do not follow up
- [ ] Prenatal care providers do not refer to our CSB
12. * If yes, describe how your CSB follows up with these providers? (Check all that apply)

- The CSB alerts the prenatal provider if the woman fails to make contact.
- With proper consent, our CSB alerts the prenatal provider of mother's engagement in treatment.
- With proper consent, our CSB alerts the provider if the woman relapses or stops attending treatment.
- With proper consent, our CSB alerts the prenatal provider regarding her use of medication assisted treatment and any changes in her dosage.
- Other (please specify)

[ ] Other (please specify)
13. Policies Regarding Identification of Substance Exposed Infants

Code of Virginia §32.1-127 requires hospitals to have protocols requiring written discharge plans for substance using postpartum women and their infants and requires the CSB to manage the discharge plan. We would like to know how your CSB works with birthing hospitals in your community to ensure that identified postpartum women are referred to the CSB. Please describe efforts your CSB has made since July 1, 2014

* Does your CSB provide outreach and education to hospital staff on how to screen women at delivery for substance use as well as refer them to the CSB for services?

- [ ] Yes
- [ ] No
- [ ] No birthing hospitals or centers in the community
- [ ] Don’t know
14. * If yes, what services did your CSB provide to hospital staff? (Check all that apply)

- [ ] Contacted hospital by phone to explain services and referral procedures
- [ ] Met with hospital staff to explain CSB services and referral procedures
- [ ] Provided an in-service/presentation to hospital staff regarding CSB services and referral procedures
- [ ] Shared educational resources (e.g., articles, webinars) with staff regarding perinatal addiction and/or related issues
- [ ] Provided patient brochures regarding CSB services and referral procedures
- [ ] Provided patient brochures regarding perinatal use and/or related issues
- [ ] If other, explain

If other, explain

15. * If yes, what type of staff did you train? (Check all that apply)

- [ ] Maternity staff
- [ ] Labor and Delivery staff
- [ ] Neonatal Intensive Care Unit (NICU) staff
- [ ] New Born Nursery staff
- [ ] Social Work staff
- [ ] A mix of hospital staff. Unsure which areas they represented
- [ ] If other, explain

If other, explain
15. * Do hospitals in your community refer identified postpartum substance using women and their substance exposed infants (SEI) to your CSB following delivery?

- [ ] Yes
- [ ] No
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<td>16.</td>
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</table>

* If yes, how do the hospitals notify your CSB? (Check all that apply)

- [ ] Hospital social work/other staff FAX a postpartum referral form to the CSB that includes the mother's contact information
- [ ] Hospital social work/other staff calls the CSB and provides the mothers' name and contact information
- [ ] Hospital staff/other staff refer the family to Child Protective Services (CPS) and CPS makes the referral to the CSB
- [ ] Hospital staff/other staff provide the mother with contact information for the CSB and she contacts the CSB herself

Other (please explain)

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<tbody>
<tr>
<td>Other (please explain)</td>
<td></td>
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</tbody>
</table>
17.

* When making a postpartum hospital referral to the CSB, do hospitals usually provide the CSB with a discharge plan for the mother and her substance exposed infant?

- Yes. Hospitals refer to the CSB and usually provide us with a discharge plan.
- No. Hospitals refer to the CSB but do not provide us with a discharge plan.
- We do not receive postpartum SEI referrals.
18.

* If yes, the hospital discharge plans we receive may include referrals for the following services (Check all that apply)

- Assessment
- Substance abuse services
- Mental health services
- Home visiting service
- Public health nursing
- Other community supports
- Pediatric care
- Part C Early Intervention services
- If other, explain
19.

* Do the hospitals in your community have a social worker or case manager on staff to address substance using mothers’ needs through service linkages and follow up?

- Yes
- No
- Don’t know

Describe barriers you may have encountered when trying to contact hospital staff.


* Does your CSB have an identified staff member whose role it is to serve as the CSB’s contact person to receive referrals or navigate pregnant and postpartum women through the CSB's service system?

- Yes
- No
If yes, would you like us to add this staff member's name to DBHDS's Women's SA Services Distribution list? If so, please provide their name and email address.
21.

* Has your substance abuse program experienced any of the following challenges when trying to work with local hospitals to facilitate referrals for identified postpartum women? (check all that apply)

<table>
<thead>
<tr>
<th>Challenge</th>
<th>Yes</th>
<th>No</th>
<th>Don't Know</th>
<th>N/A</th>
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</thead>
<tbody>
<tr>
<td>We have not been able to identify the appropriate hospital contact.</td>
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<tr>
<td>Hospital staff don't respond to our efforts to contact them.</td>
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<tr>
<td>CSB caseload requirements prohibit CSB staff from providing outreach services.</td>
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<tr>
<td>CSB unable provide consistent outreach due to CSB staff turnover.</td>
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<tr>
<td>Outreach is not a Medicaid reimbursable service.</td>
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<tr>
<td>CSB unable to fund a position to provide outreach to hospitals and postpartum women.</td>
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<tr>
<td>Our local hospital identifies few substance exposed infants.</td>
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<tr>
<td>Hospital staff are unaware that Virginia law requires they refer identified postpartum SA women to CSB.</td>
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<td>Hospital staff turnover affects hospital SEI referrals.</td>
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<tr>
<td></td>
<td>Yes</td>
<td>No</td>
<td>Don't Know</td>
<td>N/A</td>
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<td>----------------------------------------------------------------</td>
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<tr>
<td>Hospital staff don’t refer due to 42 CFR Part 2</td>
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<tr>
<td>and/or HIPAA concerns.</td>
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<tr>
<td>Hospital staff don’t refer due to risk management concerns.</td>
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<tr>
<td>Our referrals proceed smoothly. We have not experienced any of</td>
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<tr>
<td>these problems.</td>
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<tr>
<td>Our referrals proceed smoothly but we have had other problems</td>
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</table>

Other (please specify)
22. Other Referrals

* Does your CSB’s substance abuse program work collaboratively with Part C to encourage and support their efforts to engage families in early intervention services?

- Yes
- No

* Does your CSB engage the families of substance exposed infants in services?

- Yes
- No
23. * If yes, what type of services? Please check all that apply?

- [ ] CSB staff refer infants to Part C Early Intervention services
- [ ] CSB staff refer SEI family members to mental health services
- [ ] CSB staff refer SEI family members to substance abuse services
- [ ] CSB staff refer SEI families to provide home visiting services

Other (please explain)

[ ]
24. *

Does your CSB collaborate with local departments of social service to address the needs of pregnant and parenting women and their families who have been affected by substance use?

- [ ] Yes
- [ ] No

Please use this space to add any other information you would like to share regarding this topic