**PROGRAM DESCRIPTION:** The Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) in partnership with the Children’s Hospital at Oklahoma University Medicine (CHOUM) Substance Use Treatment & Access to Resources (STAR) Clinic, and with the support of the Oklahoma Department of Human Services (DHS), proposes to develop the Substance use Treatment and Access to Resources and Supports (STARS) program for pregnant women who have a substance use issue and babies who have been exposed to substances. The project will partner with the OU-STAR Clinic for prenatal care, substance use disorder treatment, supports, and aftercare. The project aims to test an innovative approach to enhance parent and child well-being by pairing these prenatal substance use disorder services with an adaptation to an evidence-based early home visiting model (Modified Attachment and Biobehavioral Catch-up - mABC). Plans of Safe Care will be developed before the birth of the child.

**TARGET POPULATION:** Women and infants in Oklahoma County who are substance affected and who are screened for inclusion into the program and are at-risk of removal.

**PROJECTED NUMBERS SERVED:** The STARS program plans to provide wrap-around substance use disorder services to a minimum of 96 families over the four-year implementation period.

**MAJOR PROGRAM GOALS**

**OVERALL GOAL:** To increase the well-being of and improve the permanency outcomes for children and families affected by or exposed to opioids or other substances.

**GOAL 1:** Develop training and cross-training to increase the knowledge base of the medical, therapy, and child welfare systems.

**GOAL 2:** Enhance the well-being of children, parents, and families and improve safe and permanent caregiving relationships.

**GOAL 3:** Improve retention in substance use treatment and successful completion of treatment for parents.

**GOAL 4:** Facilitate the implementation, delivery, and effectiveness of prevention services and programs under the Family First Prevention Services Act of 2018 for at-risk families.

**GOAL 5:** Decrease the number of out-of-home placements for children by enhancing the safety of children prior to delivery.

**GOAL 6:** Decrease the number of out-of-home placements for children at-risk of removal.
KEY PROGRAM SERVICES

- Modified Attachment and Biobehavioral Catch-up
- Seeking Safety
- Cognitive Process Therapy for Trauma
- Motivational Interviewing
- Non-Intensive Outpatient or Other Step-Down Substance Use Disorder Treatment
- Aftercare/Continuing Care/Recovery Community Support Services
- Community Reinforcement Approach
- Cross-Systems Training (trauma, substance-exposed and affected babies, best practices for mother and baby)
- Cross-systems Clinical Training on Substance Abuse, Child Welfare, and Related Clinical Issues
- Housing Support/Assistance

EXISTING OR PROPOSED PARTNERS

- Oklahoma Department of Human Services
- University of Oklahoma Health Sciences Center- Biomedical & Behavioral Methodology Core, A Better Chance to Chance Clinic
- Children’s Hospital at OU Medicine: STAR Clinic
- University of Delaware – ABC Developer
- Local Residential Treatment Organizations

EVALUATION DESIGN

The grantee’s local evaluation has proposed two components: an impact study and a process study. The grantee is also participating in the RPG cross-site evaluation studies of family and child outcomes, program implementation, and collaboration among RPG grantees and partners.

IMPACT STUDY DESIGN

The grantee proposes to use both a randomized-controlled trial (RCT) and quasi-experimental design (QED) to examine the impact of their services on the targeted population. For both the RCT and the QED, the program group will receive prenatal and perinatal care, case management, and treatment services. For the RCT, 42 families in the program group will receive STARS and mABC services, and 42 families in the comparison group will receive only STARS services. For the QED, the combined 84 families from the RCT will be in the program group and 42 families in the comparison group will receive only business-as-usual services from CHOUM. Data sources include administrative data and information collected by data collectors using standardized instruments.

PROCESS STUDY DESIGN

In the process study, the grantee proposes to examine the effectiveness of the STAR clinic’s service array network. The process study intends to assess the number, type, and quality of services each participant receives to facilitate future replication and sustainment efforts. Data sources include semi-structured interviews with service providers and administrators from all partnering agencies, grant team leadership, and select study participants.

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