REGIONAL PARTNERSHIP GRANTS

Planning Year Profile

Grant Period: 2019-2024

PRESERVING FAMILIES THROUGH PARTNERSHIPS
IN SOUTH CENTRAL MISSOURI

LEAD AGENCY: Preferred Family Healthcare, Inc.
LOCATION: Kirksville, MO
TARGET SERVICE AREA: Miller, Moniteau, and Morgan Counties
ADMINISTRATION FOR CHILDREN AND FAMILIES REGION: 7
CONGRESSIONAL DISTRICT SERVED: MO-003

BRIEF PROGRAM DESCRIPTION

PROGRAM DESCRIPTION: Preferred Family Healthcare, Inc.’s (PFH) Preserving Families Through Partnerships project in South Central Missouri (PFTP3) is focused on promoting safe and stable families by increasing child permanency, parental recovery and family safety and well-being. PFTP3 proposes to establish community stakeholder collaborations and build resources in a significantly underserved three-county area. PFTP3 will respond to unmet needs by coordinating integrated, comprehensive services set by previous substance use disorder (SUD) and child welfare entities. These services are proposed to include: 1) enhancing access to treatment by offering childcare assistance, transportation, recovery management, and intensive case management; 2) incorporation of interventions designed to strengthen parent-child interaction as a step toward promoting recovery from SUD; 3) providing matched services that address multiple client needs through one service delivery mechanism; 4) improving client-provider relations to ensure treatment retention and completion; and 5) effective evaluation conducted by an experienced team.

TARGET POPULATION: Families with children at-risk of or already in out-of-home care due to substance use by a parent or caregiver, defined as having an active child abuse/neglect referral or open case with Missouri Department of Social Services, Children’s Division.

PROJECTED NUMBERS SERVED: PFTP3 will provide treatment and coordinate services for 215 families and at least 350 children over the five-year grant period.

MAJOR PROGRAM GOALS

GOAL 1: Enhance substance use disorder/co-occurring disorder recovery by integrating and coordinating treatment as a core component of child welfare services.

GOAL 2: Enhance family and child safety with coordination of care across multiple settings.

GOAL 3: Improve family and child permanency with coordination of care across multiple settings.

GOAL 4: Enhance family and child wellbeing with coordination of care across multiple settings.

KEY PROGRAM SERVICES

• Enhanced Case Management
• Parent-Child Assistance Program
• Nurturing Parenting Program for Families of Substance Using Families
• Residential/Inpatient Treatment (Short-Term/Long-Term)
• Helping Women/Men Recover
• Living in Balance
- Peer Support Services
- Medication Assisted Treatment
- Telemedicine
- Signs of Safety
- Cognitive Behavioral Therapy
- Motivational Interviewing
- Trauma-Focused Cognitive Behavioral Therapy
- 12-Step Facilitation Therapy
- Developmental Services

**EXISTING OR PROPOSED PARTNERS**

- Missouri Department of Social Services, Children’s Division
- Missouri Mental Health and Substance Use Disorder Services
- Preferred Family Healthcare
- 26th Judicial Circuit
- Missouri Institute of Mental Health
- University of Missouri – St. Louis

**EVALUATION DESIGN**

The local evaluation proposes to include an impact study and a process and collaboration study. The grantee is also participating in the RPG cross-site evaluation studies of family and child outcomes, program implementation, and collaboration among RPG grantees and partners.

**IMPACT STUDY DESIGN**

The grantee proposes to examine the impact of their RPG services using a randomized-controlled trial (RCT) design that includes two program and one comparison group. All three groups will receive core services (e.g., enhanced case management; peer mentoring; substance use treatment, employment and job training/skill building; and primary and behavioral health care, specialized parenting and behavior management support). As part of core services, all families will be supported by a Family Advocate who will provide outreach and advocacy, develop and coordinate individualized service delivery plans for each family member, and provide program services. One of the two program groups will also receive trauma education services from the Helping Men Recover/Women Recover program. The other program group will receive relapse prevention services using Living in Balance. Impacts examined will be: permanency, safety, child well-being, family functioning, and recovery.

**PROCESS STUDY DESIGN**

In the process and collaboration study, the grantee will examine progress toward project goals, implementation of the program, organizational readiness for implementation, and the collaboration process among partners. The study proposes to examine fidelity to evidence-based service models, families’ satisfaction with services, and perceived barriers to success as experienced by participants. The study also proposes to measure the extent of collaboration and shared ideas and values among partners.

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