

Name of Lead Agency	State of Arizona
Location	Phoenix, AZ
Title of Project	The Arizona Families F.I.R.S.T. (AFF) Parent to Parent (P2P) Recovery Program
Program Option	RPG 3-Year Grant (2008-2011); \$500,000 annually
Geographic Area and Congressional District Served	Maricopa County Congressional District 4
Brief Program Description	The Arizona Department of Economic Security, Division of Children, Youth and Families, in partnership with TERROS, Inc., Arizona State University's Center for Applied Behavioral Health Policy and other stakeholders came together to expand and strengthen an existing system of care. This Regional Partnership targeted Maricopa County families who were impacted by methamphetamine abuse. The project built on the strengths and capacities of existing service providers to better enhance their collaborative efforts in providing substance abuse and child welfare interventions. The use of Peer Recovery Coaches improved engagement and retention in treatment interventions. This enhanced intervention services were provided to the families by well trained and culturally competent staff to increase engagement in appropriate treatment interventions, reduce substance use and maintain family stability to allow children to remain in their home, while improving family functioning and the safety and well-being of children.
Target Population	<p>The project targeted:</p> <ul style="list-style-type: none"> • Individuals enrolled in the AFF program who resided in Maricopa County • Individuals who received in-home intervention services • Children who were at risk of being removed from home due to parental methamphetamine and other substance abuse
Participants Served	<p>Children: 549</p> <p>Adults: 673</p> <p>Families: 673</p>
Major Goals	Major program goals included:

	<ul style="list-style-type: none"> • Providing comprehensive family-centered services that recognize individual needs and build on family strengths and protective factors to achieve safety, permanency and well-being for children who are at risk of or in out-of-home placement as a result of substance abuse, with a special focus on methamphetamine • Integrating the child welfare, substance abuse treatment and court systems into a cohesive infrastructure to strengthen and coordinate family-centered services for families in which children are at risk of or in out-of-home placement as a result of substance abuse
<p>Key Major Program Services</p>	<p>Case Management and In-Home Services</p> <ul style="list-style-type: none"> • Family Group Decision Making/Family Case Conferencing <p>Screening and Assessment – Child Welfare and Other Children’s Issues</p> <ul style="list-style-type: none"> • Screening and Assessment for Child Welfare Issues <p>Screening and Assessment – Substance Use and Other Adult Issues</p> <ul style="list-style-type: none"> • Screening and Assessment – Substance Use Disorders <p>Substance Abuse Treatment for Adults</p> <ul style="list-style-type: none"> • Residential (Short-Term & Specialized) • Intensive Outpatient • Non-intensive Outpatient • Aftercare/Continuing Care <p>Specialized Outreach, Engagement and Retention</p> <ul style="list-style-type: none"> • Recovery Coach/Specialist <p>Housing Services</p> <ul style="list-style-type: none"> • Housing Supportive Services
<p>Partner Agencies and Organizations</p>	<p>Child Welfare</p> <ul style="list-style-type: none"> • Regional/County Child Welfare Agency <p>Substance Abuse</p> <ul style="list-style-type: none"> • Substance Abuse Treatment Provider <p>Other Community and Child and Family Services</p> <ul style="list-style-type: none"> • Other Child/Family Services Provider <p>Other Evaluation and Training</p> <ul style="list-style-type: none"> • Evaluator (University-Affiliated or other)
<p>Evaluation Design and</p>	<p>Quasi-experimental Same-Time, Matched Case-Level</p>

<p>Comparison Group Type</p>	
<p>Performance Indicators</p>	<p>Recovery</p> <p>Outreach: Individuals referred to the P2P program received outreach services more rapidly (M = 1.69 days following referral) than their counterparts referred to the AFF program (M = 4.86 days following referral). This was found to be statistically significant.</p> <p>Length of Time in Treatment: Among those clients recorded as having completed their treatment program, the average length of treatment among P2P clients was 183 days, in contrast to 141 days among AFF clients.</p> <p>Permanency</p> <p>Reunification: Index children in the P2P group were reunified with a parent or caregiver at a significantly higher rate than those children in the matched comparison AFF group. Reunification occurred, on average, a little over a month quicker for index children in the matched comparison AFF group (Median = 85 days) than for those in the P2P group (Median = 118.5 days). Although the rates of achieving permanency were not different between the P2P and matched comparison AFF groups, there was a significantly higher rate of reunification observed for P2P index children.</p> <p>Well-Being</p> <p>Supportive Services: Individuals referred to the P2P program engaged in an assessment approximately four days faster than their AFF program referral counterparts. Nearly all individuals (96.9 percent) referred to the P2P program engaged in some form of service, eclipsing the rate of service engagement observed among the AFF program referrals (89.9 percent). While the rates of counseling service engagement were comparable across samples, those individuals served in the P2P program initiated these counseling services more rapidly (M = 24.91 days) than individuals served in the AFF program (M = 27.76 days).</p>
<p>Sustainability Status</p>	<p>The AFF Parent to Parent Recovery Program model is being incorporated into the statewide substance abuse program scope of work. Several program components were sustained at the completion of the project. For example, TERROS, Inc. was able to integrate the cost of the Peer Recovery Coaches into their AFF budget upon completion of the project. TERROS is a community-based behavioral health organization dedicated to helping people recover from substance abuse, mental illness and other behavioral health problems. Additionally, Northern Arizona has adopted the AFF Parent to Parent Recovery Program model into their service integration. This provider utilizes a Peer Recovery Coach during the outreach and engagement process and when they are providing ongoing supportive services to clients. Funding is through the AFF budget as part of supportive service dollars.</p>