

Name of Lead Agency	Kentucky River Community Care, Inc.
Location	Hindman, KY
Title of Project	Families in Safe Homes Network (FISHN)/FISHN Initiative (FISH-I)
Program Option	Five-Year plus 2-Year Extension
Geographic Area and Congressional District Served	Rural 5 th Congressional District
Program Description	<p>Kentucky River Community Care, Inc. (KRCC), a multi-site behavioral health center located in the Appalachian Mountains of rural southeast Kentucky, was the lead agency for the RPG I awarded in 2007. The RPG I <i>Families In Safe Homes Network</i> (FISHN) focused on developing a system of care for families living in four of the isolated counties in the Kentucky River Region, a region which has the poorest health indicators in the nation, and the highest risk indicators for child well-being in the state. This region comprises less than 2% of the State's population, yet accounts for 15% of the States children in out-of-home care. Improved collaboration and communication across agencies serving children and families in this region was one of the primary goals. Partners sought to reverse the trend of child removals and improve child well-being, safety and permanency by altering interventions for DCBS involved families who also had involvement with substance abuse. The FISHN project successfully solidified a core group of committed partnering agencies who promoted and adopted many systems improvements. The benefits for DCBS families included expanded community supports, a referral process for behavioral health services, and substitution of evidence-based practices for "traditional" counseling and parenting skills training, strengthened agency interaction and increased availability of treatment programs for parents, children and family members. Along with changes in collaborative practice, NIATx Process Improvement strategies were used to identify and address barriers to services in multiple systems.</p> <p>In 2012 KRCC was awarded a Two-Year Extension for Families in Safe Homes Network-Initiative (FISHN-I). The grantee requested the two years of funding to expand and sustain the progress they made in the first five years of funding by 1) serving the remaining four counties in this region, 2) developing NIATx change teams in other counties and to address other systems barriers and issues, and 3) to integrate behavioral and physical health care in clinics throughout the region. The grantee and partners also used this time to focus on sustaining critical elements of their program.</p>

Target Population	<p>The FISHN program served children and families at-risk of or involved with the Department of Community Based Services (DCBS, Child Welfare) due to parental substance use in the Breathitt, Knott, Perry and Leslie counties. The FISHN-I funding enabled the grantee and partners to expand services to Lee, Letcher, Owsley and Wolfe counties, essentially serving the entire southeast Kentucky River Region.</p>
Participants Served	<p>Children: 561 Adults: 1100</p>
Major Goals	<p>Major program goals included:</p> <p>RPG I Goals:</p> <ol style="list-style-type: none"> 1. Blend professional perspectives and policies among child welfare workers, substance abuse treatment providers and the community support services systems to gain systems collaboration and improvements. 2. Expand screening, assessment, recruitment, engagement and retention of parents or other caretakers in substance abuse treatment. 3. Develop the southeast Kentucky workforce to eliminate family service shortages in both the child welfare and substance abuse treatment systems. 4. Evaluate the activities of FISHN to monitor grant implementation and progress on performance indicators. 5. Effective grant management <p>RPG Two-Year Goals:</p> <ol style="list-style-type: none"> 1. Sustain the Regional Partnership Function by diversifying mission 2. Enrich the competency of staff by cross training multiple agency staff in trauma informed approaches for family, early childhood and adult treatment methodologies and best practices. 3. Use the NIATx approach to spread the system of care established in the four original KY River counties into the remaining four counties in the Region. 4. Integrate primary care into the adapted Chronic Care system of care established by FISHN partners.
Key Major Program Services	<p>Case Management and In-Home Services</p> <ul style="list-style-type: none"> • Intensive/Coordinated Case Management • Family Group Decision Making/Family Case Conferencing • Wraparound/Intensive In-Home Comprehensive Services <p>Parenting/Family Strengthening</p> <ul style="list-style-type: none"> • Evidence-Based Parenting or Family Strengthening Program – Nurturing Parenting

Engagement/Involvement of Fathers

- Specialized Program or Services for Fathers, Grandparents and other Family

Mental Health and Trauma Services for Adults

- Mental Health Services
- Trauma-Informed Services
- Trauma-Specific Services – Seeking Safety

Substance Abuse Treatment for Adults

- Intensive Outpatient
- Aftercare/Continuing Care/Recovery Community Support Services

Specialized Outreach, Engagement and Retention

- Cognitive/Behavioral/Therapeutic Strategies – Motivational Interviewing/Motivational Enhancement Therapy
- Organizational and Other Strategies – NIATx Process Improvement Teams, Immediate Access

Family-Centered Substance Abuse Treatment or Family-Based Substance Abuse Services**Screening and Assessment – Child Welfare and Other Children’s Issues**

- Screening and Assessment for Child Welfare Issues
- Screening and Assessment for Trauma
- Other Specialized Child Screening and Assessment – Developmental, Behavioral/Socio-Emotional, Mental Health/Psychological

Screening and Assessment – Substance Use and Other Adult Issues

- Screening and Assessment for Substance Use Disorders
- Other Specialized Adult Screening and Assessment – Psycho-social

Children’s Services

- Other Therapeutic Services for Children
- Trauma Services for Children – Trauma Focused Cognitive Behavioral Therapy

Housing Services

- Housing Support Services

Cross-Systems Collaboration

- Clinical and Program Training
- Cross-systems Policies and Procedures
- Regular Joint Case Staffing Meetings

	<ul style="list-style-type: none"> • Co-location of Staff • Cross-systems information Sharing and Data Analysis • Partner Meetings – Regional Partnership and Program Management <p>Other</p> <ul style="list-style-type: none"> • Coordinated Case Planning with Child Welfare and Courts • Integrated Behavioral and Physical Health Care Coordination Teams
<p>Partner Agencies and Organizations</p>	<p>Child Welfare</p> <ul style="list-style-type: none"> • DCBS/Child Welfare Agency <p>Substance Abuse</p> <ul style="list-style-type: none"> • Kentucky River Community Care • Cabinet for Health and Family Services Community Based Services • University of Kentucky targeted Assessment Program • Operation UNITE <p>Courts</p> <ul style="list-style-type: none"> • Dependency/Juvenile Courts in four counties <p>Criminal Justice, Law Enforcement, Legal and Related Organizations</p> <p>Other Community and Child and Family Services</p> <p>Housing</p> <ul style="list-style-type: none"> • Kentucky River Community Care • Kentucky River Foothills Community Action Partnership • Housing Authority of Hazard <p>Mental Health</p> <p>Health Services</p> <ul style="list-style-type: none"> • Kentucky River District Health Department • Kentucky Mountain Health Alliance • Little Flower Free Clinic and Kentucky River Health Department <p>Education</p> <ul style="list-style-type: none"> • LKLP Community Action Council, INC <p>Employment</p> <ul style="list-style-type: none"> • LKLP Community Action Council, INC <p>Other Evaluation and Training</p> <ul style="list-style-type: none"> • University of Kentucky, Lexington

	Other
Evaluation Design and Comparison Group Type	Same-Time, aggregate; Usual Child Welfare/Substance Abuse Services Quasi-experimental
Performance Indicators	<p>Safety</p> <p>Permanency</p> <p>The NIATx Re-Entry Team was successful in reducing re-entry rates in one county from 23% to 0% in one year. The rate has not exceeded 8% since that time.</p> <p>Recovery</p> <p>Women participating in the Solutions Treatment Program had a favorable treatment rate of 54.1% as compared to a 36% rate as reported for National Outcomes Measurement (NOMS) in the same year.</p> <p>Well-Being (Child)</p> <ul style="list-style-type: none"> • A 6% reduction in truancy for high-risk youth and a 79% increase in the accuracy of truancy reporting; • In this last reporting period 100% of referred parents kept their first appointment and 89% of participants kept subsequent appointments.
Sustainability Status	<p>The Learning Collaborative Partners identified the following components to be sustained, with partners making commitments to what and how they would them.</p> <ul style="list-style-type: none"> • The Integrated Services Program will be the responsibility of KRCC and the health clinics. • The Incredible Families program will be the responsibility of KRCC. This in-home therapy program is financially self-sustaining and will continue as is. • The Strengthening Reunification Change Teams will be the responsibility of DCBS. Two Re-Entry and one Grandparent and Relative Caregiver Support Group will continue in Leslie County and Wolfe County. • The Truancy Change Team will be the responsibility of DCBS and the Perry County School System. • KRCC will continue to convene the Learning Collaborative. <p>KRCC will sustain the Care Coordinator role through Medicaid reimbursement and other agency funding.</p>