

Name of Lead Agency	Cook Inlet Council, Inc.
Location	Anchorage, AK
Title of Project	Alaska Native Family Preservation (ANFP) Program
Program Option	RPG 5-Year Grant; \$500,000 annually
Geographic Area and Congressional District Served	Cook Inlet Congressional District 1
Brief Program Description	Cook Inlet Tribal Council (CITC) implemented a Regional Partnership Grant project that integrated State and Tribal partners to provide child welfare/protection and substance abuse treatment services in Anchorage, AK. CITC leveraged and expanded child welfare services in its existing Child & Family Services and Recovery Services departments through its partnership with the State of Alaska Office of Children's Services (OCS) and the Native Village of Eklutna (NVE), a local Tribe in the Cook Inlet region.
Target Population	ANFP served: <ul style="list-style-type: none"> Alaska Native/American Indian (AN/AI) families in Anchorage who have substantiated reports of child abuse or neglect and are at risk of further involvement with the child protection system
Participants Served	Children: 524 Adults: 435 Families: 192
Major Goals	Major program goals included: <ul style="list-style-type: none"> Increasing the well-being of, improving the permanency outcomes for and enhancing the safety of AN/AI children who were at risk of out-of-home placement as a result of a parent's or caretaker's substance abuse Decreasing the number of out-of-home placements for children, or the number of children who are at risk of out-of-home placement Increasing the ability of the Anchorage community to address parental/caretaker substance abuse and its effect on AN/AI children
Key Major Program	Case Management and In-Home Services <ul style="list-style-type: none"> Wraparound/Intensive In-Home Comprehensive Services

<p>Services</p>	<p>Family Therapy/Counseling</p> <p>Engagement/Involvement of Fathers</p> <ul style="list-style-type: none"> • 24/7 Dad AM/PM <p>Mental Health and Trauma Services for Adults</p> <ul style="list-style-type: none"> • Trauma-Informed Services • Trauma-Specific Services <p>Substance Abuse Prevention Services</p> <ul style="list-style-type: none"> • Housing Services <p>Specialized Outreach, Engagement and Retention</p> <ul style="list-style-type: none"> • Cognitive Behavioral Strategies – Motivational Interviewing/Motivational Enhancement Therapy • Co-location of Staff • Screening, Brief Intervention and Referral to Treatment (SBIRT) <p>Screening and Assessment – Child Welfare and Other Children’s Issues</p> <ul style="list-style-type: none"> • Screening and Assessment for Child Trauma • Specialized Screening and Assessment – Developmental, Behavioral/Socio-Emotional
<p>Partner Agencies and Organizations</p>	<p>Child Welfare</p> <ul style="list-style-type: none"> • State of Alaska Children's Services • CITC Family Services <p>Substance Abuse</p> <ul style="list-style-type: none"> • CITC Recovery Services, Southcentral Foundation, Salvation Army, Akeela <p>Tribal</p> <ul style="list-style-type: none"> • Native Village of Eklutna (other Tribes via Indian Child Welfare Act workers) <p>Criminal Justice, Law Enforcement, Legal and Related Organizations</p> <ul style="list-style-type: none"> • Alaska Native Justice Center <p>Other Evaluation and Training</p> <ul style="list-style-type: none"> • UAA Child Welfare Academy <p>Mental Health and Health Services</p> <ul style="list-style-type: none"> • Southcentral Foundation, Anchorage, Community Mental Health Services, North Star Hospital

	<ul style="list-style-type: none"> • Southcentral Foundation • Alaska Native Medical Center <p>Education</p> <ul style="list-style-type: none"> • Nine Star <p>Employment</p> <ul style="list-style-type: none"> • CITC’s Tribal Temporary Assistance for Needy Families • Alaska’s People <p>Other Community and Child and Family Services</p> <ul style="list-style-type: none"> • Disability Services – ARC of Anchorage, Hope Cottages, Infant Learning Program • Domestic Violence – Abused Women’s Aid in Crisis, Southcentral Foundation Willa’s Way
<p>Evaluation Design and Comparison Group Type</p>	<p>Quasi-experimental</p> <p>Same-Time, Matched Population-Level</p> <p>The evaluation plan also used qualitative data to describe and measure performance indicators, with special attention to implementation processes.</p>
<p>Performance Indicators</p>	<p>Family and Child Well-Being</p> <p><u>North Carolina Family Assessment Scale (NCFAS) Well-Being Measures:</u> Participants of the ANFP treatment group demonstrated increases in all five areas measures by the NCFAS with the greatest increase being seen in Safety.</p> <p><u>Qualitative Data:</u> In focus groups completed with program participants, clients expressed the need for even greater emphasis on planning for graduation from the program and desired greater opportunities for aftercare and recovery supports.</p>
<p>Sustainability Status</p>	<p>CITC was able to sustain several component of the RPG program:</p> <ul style="list-style-type: none"> • <u>Intensive In-home Services:</u> Intensive home-based services continued for the target population within CITC's Child & Family Services department through an OCS grant-funded program referred to as the Intensive Family Preservation Program. • <u>Comprehensive Assessment and Service Planning:</u> Program strategies have been institutionalized both in CITC's continuum of services and in OCS's Practice Model. • <u>Culturally Resonant Services/Enhanced Parenting Services:</u> CITC and NVE maintained a collaborative relationship in the implementation of the Tribal IV-B programs to promote culturally resonant strategies. In the Cook Inlet Region, CITC and NVE are implementing Positive

Indian Parenting and family strengthening activities for Tribal members.

- SBIRT: CITC maintained SBIRT in the Child & Family/Recovery Services programs. CITC is developing a general screening process for all participants of services across the agency to include SBIRT and wellness indicators. This process was initiated using iPad technology. These strategies are sustained internally through Indian Health Service funding implemented by CITC.